

Weekly Class Timetable

Monday 23 rd	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th	Saturday 28 th
4.00pm – 4.45pm Little Ninja Fitness Night LIVE STREAM	4.00pm – 4.45pm Little Ninja Fitness Night PRE-RECORDED	4.00pm – 4.45pm Little Ninja Technical Night LIVE STREAM	4.00pm – 4.45pm Little Ninja TECHNICAL NIGHT PRE-RECORDED	10.00am – 10.30am All Students Stretching with Justyn LIVE STREAM	10.00am – 11.00am Saturday Morning Burn Out All students LIVE STREAM
5.00pm – 5.45pm Juniors Fitness Night LIVE STREAM	5.00pm – 5.45pm Juniors Fitness Night PRE-RECORDED	5.00pm – 5.45pm Juniors TECHNICAL NIGHT LIVE STREAM	5.00pm – 5.45pm Juniors TECHNICAL NIGHT PRE-RECORDED		3.00pm – 4.00pm Saturday Afternoon Burn Out All students PRE-RECORDED
6.00pm – 6.45pm Teen & Adult Beginners FITNESS CLASS LIVE STREAM	6.00pm – 6.45pm Teen & Adult Beginners FITNESS CLASS PRE-RECORDED	6.00pm – 6.45pm Teen & Adult Beginners TECHNICAL CLASS LIVE STREAM	6.00pm – 6.45pm Teen & Adult Beginners TECHNICAL CLASS PRE-RECORDED	6.00pm – 6.30pm All Students Stretching with Justyn PRE-RECORDED	
	6.00pm – 7.00pm Teen & Adult Advanced FITNESS CLASS LIVE STREAM	6.00pm – 7.00pm Teen & Adult Advanced FITNESS CLASS PRE-RECORDED	6.00pm – 7.00pm Teen & Adult Advanced FITNESS CLASS LIVE STREAM		